

HPG 2022 Winter/Spring Classes and Sessions

(Subject to change at any time)

Winter A: January 3rd - January 29th
Winter B: January 31st - February 26th
Winter C: February 28th - April 2nd
*Closed March 14th-18th Spring Break

Spring A: April 4th - April 30th
Spring B: May 2nd - May 28th
Final Session: May 30th - June 25th

Open Gym Dates

Cost: \$15

Saturdays from 8-10am

January 15th & 29th
March 12th & 26th
May 7th & 21st

February 12th & 26th
April 9th & 23rd
June 4th & 18th



Winter/Spring 2022 Class Offerings

Level 1:

Mondays: 4:45-5:45PM
Tuesdays: 3:45-4:45PM
Wednesdays: 3:45-4:45PM
Wednesdays: 4:45-5:45PM
Thursdays: 3:45-4:45PM
Thursdays: 4:45-5:45PM

Level 2:

Tuesdays: 3:45-4:45PM
Wednesdays: 3:45-4:45PM
Wednesdays: 4:45-5:45PM
Thursdays: 4:45-5:45PM

Pre-Team:

Mondays: 4:45-6PM
Wednesdays: 5:45-7PM

Boys Sports Development:

Mondays (ages 3-5):
1:30-2:15PM
Tuesdays (ages 6-7):
4:45-5:45PM
Tuesdays (ages 8+):
4:45-5:45PM

Cheer 1&2:

Fridays: 4:45-5:45PM
Cheer 3:
Fridays: 5:30-7PM

Preschool:

Mondays 10-10:45AM & 11-11:45AM
Mondays: 3:45-4:30PM

Parent/Tot: Mondays 11:45-12:15PM

Advanced Preschool:

Mondays: 9-10AM
Mondays: 2:30-3:30PM
Fridays: 3:45-4:45PM

Competition Teams Gold & Black:

Team Black:

Tuesdays & Thursdays: 5:30-7:15 PM

Team Gold:

Tuesdays & Thursdays: 5:30-8:30PM