

High Plains Gymnastics 2023 Fall Classes and Sessions

(Subject to change at any time)

Session A: July 31st - August 26th

Session B: August 27th - September 23rd

Session C: September 24th - October 21st

Session D: October 22nd - November 18th

**Closed November 19th - 25th, Fall Break*

Session E: November 27th - December 23rd

**Closed for Winter Break December 24th - January 6th*



Open Gym Dates

Cost: \$15

Saturdays from 8-10am

August 12th & 26th

September 9th & 23rd

October 7th & 21st

November 4th & 18th

December 2nd & 16th

Fall 2023 Class Offerings

Level 1:

Mondays: 9-10AM

Tuesdays: 5:30-6:30PM

Wednesdays: 4:30-5:30PM

Thursdays: 4:30-5:30PM

Thursdays: 5:30-6:30PM

Fridays: 9-10AM

Level 2:

Mondays: 9-10AM

Wednesdays: 4:30-5:30PM

Thursdays: 4:30-5:30PM

Thursdays: 5:30-6:30PM

Fridays: 9-10AM

Pre-Team:

Tuesdays: 5:30-6:45PM

Thursdays: 6:30-7:45PM

Boys Sports Development:

Tuesdays (ages 6-7):

4:30-5:30PM

Tuesdays (ages 8+):

4:30-5:30PM

Cheer Tumbling:

Tuesdays: 6:45-7:45 PM

Thursdays: 6:30-7:30 PM

Preschool:

Monday - 11:30-12:15PM

Friday - 11:30-12:15 PM

Mondays: 3:15-4PM

Parent/Tot: Mondays 12:20-12:50PM

Advanced Preschool:

Mondays: 10:15-11:15AM

Fridays: 10:15-11:15AM

Mondays: 4:15-5:15PM

Competition Teams:

Copper 1/2:

Mondays: 5:30-8:30 PM

Bronze +:

Mondays: 5:30-8 PM

Wednesdays: 5:30-8 PM